



Instructional Sport Camp

A Typical Day at Summer Camp

“Where Kids Can Be Kids”

8-8:30am

- Arrival and Sign-in Procedures
- Morning Announcements
- Stewardship

8:30am-12pm

- Every camper will experience 4 classes per day in the morning. The classes will rotate daily.
 - Instructional Sport
 - Young Naturalist
 - Religion
 - Art
 - Spanish
 - Water Fun

12-12:45pm

- Lunch
- Sunscreen Application

12:45-2:45pm

- Every camper will experience 4 classes per day in the afternoon. The classes will rotate daily.
 - Recess
 - Coaching Character
 - Sport Ethics
 - Athlete of the Week
 - Agility
 - Endurance
 - Teambuilding
 - Sport Fun
 - Gardening
 - Zip Line (ages 7-10)
 - Special Event (Wed and Thurs)

2:45-3:15pm

- Afternoon Announcements
- Stewardship
- Dismissal and Sign-Out Procedures