



A Typical Day Instructional Sport Fitness Track “Where Kids Can Be Kids”

8-8:30am

- Arrival and Sign-in Procedures
- Morning Announcements
- Stewardship

8:30am-12pm

- Every camper will experience a combination of FUN per day in the morning. The activities will rotate daily.
- Instructional Sport
- Athlete of the Week
- Sporth Ethics
- Young Engineers
- Water Fun
- Shine Forth

12-12:30pm

- Lunch
- Sunscreen Application

12:30-3pm

- Every camper will experience a combination of FUN per day in the afternoon. The activities will rotate daily.
- Mystery Lab
- Coaching Character
- Teambuilding
- Gardening
- Agility
- Sport Fun
- Gaga Ball
- Special Events

3-3:15pm

- Afternoon Announcements
- Stewardship
- Dismissal and Sign-Out Procedures