## COMPLETE ATHLETE CAMP

### Youth Instructional and Dynamic Performance Training

### Two Week Program:

Week 4 Beginner (June 24 -28) Week 7 Advanced (July 22 -26)

These weeks will emphasize developing the complete athlete through exposing them to a variety of sport disciplines and progressive skill sets, games and athletic contests that will establish an athletic tool kit to benefit them on the field, court, or any athletic arena.

With Ben Stobbs and Tina
Bildstein's expertise, the campers
are sure to gain a comprehensive
understanding of the game's finer
points such as art of putting on our
new nine cup green. By
emphasizing stance and alignment,
grip, eye position, stroke, pace,
and rhythm, they're not just
learning how to put; they're learning
to appreciate and enjoy golf. This
holistic method is key to nurturing a
lifelong passion for the sport and
developing the skills necessary for
success on the green.

Other games and contests will include an Olympian Challenge comprised of cross country and field events, a Football Challenge comprised of rugby and soccer games, a World Series Challenge comprised of speedball.





# What gives our Instructional Sports Camps the competitive edge?

### Top Coaching Character and Sport Leadership Development

We offer a unique blend of character and sport leadership programs that were created by our experienced coach's. These programs, crafted by experienced coaches, offer athletes an immersive experience in leadership and team dynamics. This provides athletes with the ability to gain a better understanding of what it takes to improve, achieve, and succeed in an individual or team environment while working to achieve higher performance levels.

#### **NEW** Top Skilled Coaches and Instructors

We pride ourselves on seeking out athletic training and instruction by motivated professional coaches from around the region who are dedicated to helping your athlete achieve and succeed at the highest level. We are honored to announce the participation of our NEW skilled and talented coaches. Boys Rugby Coach Scerca from Medina High School will be developing and coaching our NEW Rugby Challenge program. He is a dedicated coach in our community who brought the sport of rugby to the Medina City School system with remarkable success. Ben Stobbs & Tina Bildstein will be teaching the kids the Art of putting by focusing on stance and alignment, grip, eye position, stroke, pace, and rhythm. By focusing on these fundamentals, we can help our youth develop a solid foundation in putting, setting them up for success on the greens and enjoyment in the game of golf.

Visit our websiteder "guest coaches" for more information.