



A Typical Day Instructional Sport Fitness Track "Where Kids Can Be Kids"

8-8:30am

- Arrival and Sign-in Procedures
- Morning Announcements
- Stewardship

8:30am-12pm

- Every camper will experience a combination of different classes per day in the morning. The classes will rotate daily.
- Instructional Sport
- Religion
- Shine Forth

12-12:45pm

- Lunch
- Sunscreen Application

12:45-2:45pm

- Every camper will experience a combination of different classes per day in the afternoon. The classes will rotate daily.
- Coaching Character
- Sport Ethics
- Athlete of the Week
- Agility/ Endurance
- Teambuilding
- Gardening
- Zipline/ Mystery Fun
- Special Event (Th)
- Art
- Gaga Ball
- Backyard Game Fun
- Mystery Lab STREAM
- Water Fun

2:45-3:15pm

- Afternoon Announcements
- Stewardship
- Dismissal and Sign-Out Procedures