

BASKETBALL CAMPS

“Elevate Your Child’s Game: Basketball + Leadership Camp – Summer 2026”

Week 1 (June 1 -5th)

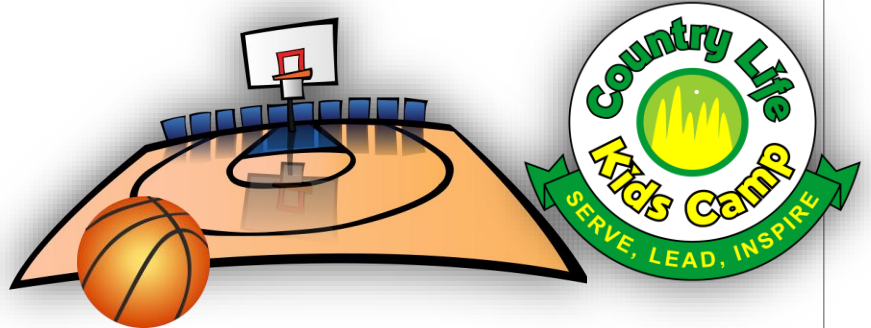
The first basketball week will focus on the fundamentals of basketball such as shooting, lay-ups, finishing moves, footwork, passing, jump stops, pivoting, blocking out, rebounding, dribbling, ball-handling, foul shooting, and defensive and offensive development. Fundamentals are the key ingredients to master for they will give the athlete the skills to compete and contribute at the next level no matter the competition. Dynamic drills will be used to challenge and excel player’s skill sets along with increasing their court IQ.

Week 6 (July 13 – 17th)

The final basketball week will give the athletes the ability to challenge their fundamental skills at higher levels of performance where their court awareness, mental toughness, work ethic, and attitude will play the biggest role. They will learn team offensive and defensive fundamental strategies and concepts such as moving without the ball, pick and roll execution, screening, pressing, fast break, switching defenses, post play, and perimeter play. Learn the skills necessary to become a Champion!

Cross Training Program

Total body conditioning will be the emphasis for cross training each week and will focus on the specific basketball movements and muscle groups to allow the athlete to coordinate skills and improve performance effectively and efficiently.



What gives our basketball camp the competitive edge?

Top Coaching Character and Sport Leadership Development

“Our proven leadership curriculum—crafted by athletic directors—builds mental toughness, teamwork, and lifelong confidence both on and off the court.”

Our programs offer a sport psychology-influential toolkit for life and forge the opportunity for the competitive athlete to strive to excel physically and mentally as an individual and team player. Through intense leadership and team development settings they will gain a better understanding of what it takes to improve, achieve and succeed in an individual or team environment while working to achieve higher performance levels.

Top Skilled and Invested Coaches

We are honored to announce that all our coaches have either coached or played within the local high school and university educational systems. Our coaches have earned awards such as the All-American award, teachers and coaches of the year awards, academic and athletic honors, champion levels of achievement and more. Please visit our website <https://www.countrylifekidscamp.com/our-team> for more information about our coaches.