



Where Kids Can Be Kids

2022 Instructional Sports

This is one of two available fitness tracks. ALL campers participate in weekly themes that incorporate special events, hands on science activities (STREAM), a young naturalist program, hydroponics, gardening, life skills, character development & spiritual enrichment, and good old-fashioned summer fun rolled into one! This one of a kind camp is in Medina, Ohio and is available to campers 8-13 years old.

Find more info and register online at www.countrylifekidscamp.com

Please check out our guest coaches <https://www.countrylifekidscamp.com/guest-coaches>

Week/Dates	Weekly Theme	Special Event	Instructional Sports (Coaches)
Week 1 June 6-10	Oregon Trail Journey Learn what it takes to journey into the unknown while taking the challenge to travel the Oregon Trail. Gain a true appreciation and respect for nature as you design a new homestead, build an organic garden, create home-made necessities, and solve problems on the trail while in route. Will you survive the trail, will you be broke, or will you prosper once in Oregon?	Oregon Trail Challenge Hop aboard a wagon train in this epic 1970's computer game and embark on a live-action-role-playing experience. At the end of the challenge points will be awarded according to health, remaining possessions, cash-in-hand and by chosen profession. Engage in the realities of pioneer life and learn through hands-on exploration.	Basketball Training The first basketball week will focus on the fundamentals of basketball such as shooting, lay-ups, finishing moves, footwork, passing, jump stops, pivoting, blocking out, rebounding, dribbling, ball-handling, foul shooting, and defensive and offensive development. Fundamentals are the key ingredients to master, for they will give the athlete the skills to compete and contribute at the next level no matter the competition. Dynamic drills will be used to challenge and excel each player's skill sets along with increasing their court IQ.

Week 2 June 13-17	Slimy, Spiky, & Slightly Unfriendly Creatures Discover the craziest and most unique creatures on the planet including fish that have adapted and survived through every Earth catastrophe. Dive into some messy adventures around camp that will include...mud, slime, shaving cream and more!	Fishing Derby Learn about a variety of ways to help catch those slimy, spiky and slightly unfriendly creatures from beneath in our Fishing Derby special event.	Fielding Games Babe Ruth said, "Baseball is the greatest game in the world and deserves the best you can give it." This week is all about fielding games and giving it your best to learn baseball and softball skills, tactics, and situational play. Through the games of kickball, softball, baseball, and even cricket, campers will learn, develop, and improve their overall play in fielding games. Sports-specific skills this week will focus on hitting mechanics, proper throwing mechanics, and receiving/fielding fly-balls and ground balls. Offensive and defensive situations will be covered to allow campers a more in-depth understanding of the game and becoming mentally focused and situationally smart in the field, the batter's box and on the bases. Additionally, there will be opportunities for the campers to work on specific position skills such as catching and pitching. Whether you are a player new to the sport or a player who is playing at the club or travel level, this week at camp will allow for a fun, dynamic approach to skill work and situational drills that will allow you to take your game beyond the warning track and out of the park.
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Week 3
June
20-24

Coding Voyage

Step into the popular video game of Minecraft and enjoy an experience of live-action role-playing where you will become a coder, zombie, enderman, hero, and much more! Challenge yourself on our dual team challenge obstacle course and engage in STEM coding wars that will test your abilities mentally and physically.

Minecraft Challenge

Embark on a new style of coding in a life-size version of Minecraft. Team-up in this camp-wide Minecraft special event that puts you in the center of the game retrieving ingredients from the obstacle course, crafting tools, coding, problem solving, rescuing teammates from the dungeon, building a fortress and beyond. Which team will be the first to finish?

Warrior Challenge

This week forges the opportunity for the positive development of the young athlete to strive to excel physically and mentally as an individual, along with the support of coaches, trainers, and their peers. Developing, Improving, and Achieving in physical and mental challenges will allow everyone to gain a better understanding of what it takes to improve and succeed athletically in the areas of strength, endurance, and perseverance. Further mental and physical training throughout the week will include a fun and dynamic combination of agility, obstacle course challenges, and strength and endurance activities. The week will culminate with a fun, competitive Warrior Challenge Event that will test each camper to complete various obstacles, challenges, and the Titan Rig with the Warrior Challenge.

Week 4
June 27-
July 1

**Backstage Pass:
The Magic of Theatre**

Join us for a junior theatre performance where you are the director, designer and actor all-in-one. Learn the basics in acting, playwriting, music theory, improvisation, and set design. You will be working hard daily to produce a junior theatre performance in a single week!

**Junior Theatre
Performance**

Join us for a fun-filled performance where every camper's talent will be highlighted from center stage to behind the curtain. Everyone will have a role and make a difference!

Golf

This week brings the nostalgia, the tradition, the Royal feel to sports as we focus on The Open Championship of Golf. The week's sport emphasis will be on introductory golf skills that will culminate in the Club Championship at CLKC. Fun and challenges await as we introduce, develop, and improve on the games of golf and the confidence to challenge each other to compete as first-class athletes with a sense of pride, tradition, and etiquette of sportsmanship!

Week 5
July
11-15

Imaginarium Workshop

Explore the miraculous discoveries and famous names that derive from Ohio. This week will be rich with Ohio history placing you in the center of its growth and development as you embark on your own journey of innovation in our Shark Tank special event.

Shark Tank Challenge

Step into the shoes of an entrepreneur. Invent, design, draw, model, market, and sell your product. Local business owners will join us to help with judging whose got the most inventive spirit that could thrive in the market today.

Soccer Training

Athletes will learn how to play smart and simple one-two touch soccer through fundamental training and small sided games. This type of training will help the athletes show creativity and vision on the field with full control of the ball, give them the ability to anticipate the next play, and be able to make quick decisions under pressure, elevating them to the next level. They will train to become a master in dribbling, shooting, passing, juggling, crossing, heading, and tackling with precision.

Week 6
July
18-22

**Isle of the Lost:
Jurassic Adventure**

Dig for bones and artifacts of dinosaurs unearthing history right before your eyes in daily hands-on adventures. Learn about these fascinating prehistoric creatures and witness how we see living dinosaurs in our own backyard today. Grab a pack and be a paleontologist for a week but be aware for you never know what challenges you may encounter while on the quest for discovery.

Dino Escape

As you uncover prehistoric bones you might be met with physical adventures and mental challenges along the way that will require you to use coding, forensics, geology, and math to solve several traps and escape room challenges.

Volleyball Training

This week will be an opportunity for the athlete who has previously played volleyball to challenge and refine their skills prior to the start of the fall volleyball season, and a great opportunity for those who have had limited opportunities with the sport to gain new skills. Here you will master the fundamentals, develop proper mechanics, and enhance court awareness and strategic play. Dynamic drills will be used to challenge and excel the player's skills sets. Each player will receive quality instructions by coaches. Game play experience will be the primary focus.

Week 7
July
25-29

Splish Splash

The element of water is beyond a necessity in life. It brings a refreshing splash of pure joy to our lives. Enjoy all the abilities of water through hydropower STEM experiments, water cycle science, ice lab tests, water games, watercolor projects, and exploratory fun with our NEW water wall!

Water Park and Color Run Fun

Get ready to get soaked as you dive into a day full of water fun including our 300-foot slip-n-slide, then take the ultimate challenge in our NEW Color Run experience where you will be doused from head to toe in different colored powder as you run our trail course.

Basketball Training

The final basketball week will give the athletes the ability to challenge their fundamental skills at higher levels of performance where their court awareness, mental toughness, work ethic, and attitude will play the biggest role. They will learn team offensive and defensive fundamental strategies and concepts such as moving without the ball, pick and roll execution, screening, pressing, fast break, switching defenses, post play, and perimeter play. Learn the skills necessary to become a Champion!

Week 8
Aug
1-5

Circle of Life

Uncover the amazing natural food webs and chains that define our ecological community. Investigate the animal kingdom and discover which keystone species will reign supreme in face-to-face challenges of Who Would Win? Around a campfire, share thrilling legends and fables from around the world highlighting the unique evolutions and adaptabilities of animals. Then create your own legendary creature and see how it will play a role in the circle of life.

Disney's Lion Guard Quest

You are now the protector of the Pride Lands and what you find and answers you seek may very well save the future of the animal kingdom. Scavenge for answers to ecological riddles that can rock the circle of life out of balance and work to find harmony once more.

Fielding Games

Babe Ruth said, "Baseball is the greatest game in the world and deserves the best you can give it." This week is all about fielding games and giving it your best to learn baseball and softball skills, tactics, and situational play. Through the games of kickball, softball, baseball, and even cricket, campers will learn, develop, and improve their overall play in fielding games. Sports-specific skills this week will focus on hitting mechanics, proper throwing mechanics, and receiving/fielding fly-balls and ground balls. Offensive and defensive situations will be covered to allow campers a more in-depth understanding of the game and becoming mentally focused and situationally smart in the field, the batter's box and on the bases. Additionally, there will be opportunities for the campers to work on specific position skills such as catching and pitching. Whether you are a player new to the sport or a player who is playing at the club or travel level, this week at camp will allow for a fun, dynamic approach to skill work and situational drills that will allow you to take your game beyond the warning track and out of the park.

Week 9
August
8-12

Celebration of Festival, Fun, and Friendship

Enjoy a weeklong festival of celebrating summer camp fun. Every day plays host to special experiences, camp-wide games, parties and more!

Celebration

Every day will host a camp-wide special event that will include games, movies, special treats, campfires and more!

Dynamic Athlete

Participating in a wide variety of sports and various disciplines of athletics allows children to gain different kinds of skills that they can apply from one sport to the next, including hand-eye coordination, balance, endurance, explosion, communication and athletic agility. This week will allow each camper to experience a wide variety of sports skills such as cross country, dodgeball, basketball, kickball, whiffle ball and more. This dynamic opportunity will provide multiple experiences that will motivate them for future sports success and achievements!

"Where Kids Can Be Kids"

Our Mission is to prepare our youth for the future by instilling in them character... values... leadership... and a moral compass by which to lead their lives.

TUITION DISCOUNTS AVAILABLE

See our website for details about our early registration and sibling discounts!